

RELEXATION IN HEIGHT

Less Height. Minimum height permitted to a candidate for enrolment in the Navy is **157** cms. Tribal Candidates who pass written exam and PFT are to be granted relaxation in height as follows:-

Candidates from	Min height standard after relaxation for induction/ recruitment into Indian Navy as a Sailor (in cms)
Tribals from Ladakh region	155
Andaman & Nicobar, Lakshadweep and Minicoy Islands	155
Gorkhas, Nepal, Assam, Garhwal, Kumaon and Uttarakhand	152
Bhutan, Sikkim and NE Region	152

Less height candidates other than mentioned are not acceptable and unfit for recruitment. No appeal medical examination is to be accorded in such cases. The procedure includes cases, if any, detected during final medical examination held at INS Chilka.